Staying Safe

Safety is an ongoing concern that must remain foremost in your mind. There is a natural instinct to rush to the aid of someone in need. Regardless of the situation, when you are administering first aid, it is imperative that you remain focused.

Precautions should be taken to reduce the potential for victims to injure or infect the caregiver as well as provide the best first aid treatment to the victim. This includes wearing protective equipment, such as gloves, and making certain that your first aid cabinet is adequately stocked.

First Aid cabinets are prominently displayed in all stores and food service areas. Each cabinet contains the following supplies:

Adhesive bandages (sizes vary)

Alcohol wipes

Antiseptic hand cleaner

Bandage scissors

Elastic bandages

Exam gloves

Ibuprofen

Insect bite swabs

Instant cold packs

Medical adhesive tape

Sterile gauze

Triple-antibiotic ointment

Tweezers

Please contact your supervisor if you notice any of these items are missing.

Basic First Aid

ABRASIONS

Wear exam gloves.

Wash the area with warm water and mild soap.

Apply antibiotic ointment.

Cover the abrasion with sterile gauze and tape or an adhesive bandage.

SPRAINS

Have the person sit or lay down to remove weight from the sprained joint.

Apply an instant cold pack to the area.

Compress the sprain by applying an elastic bandage.

If necessary, call for a cart.

CHOKING

Stand behind the victim.

Wrap your hands around the victim as if to give a hug.

Make a fist with your predominant hand and place it just above the victim’s belly button.

Grab your fist with your other hand and thrust inwards and upwards forcefully.

Repeat thrusts until the victim is able to resume breathing.

Magical Park Corporation

FIRST AID

REMINDERS

FOR

EMPLOYEES